



DANCELINK

CONTEMPORARY DANCE

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CLASSES AVAILABLE NOW!

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet.

Contemporary dancers strive to connect the mind and the body through fluid dance movements.

Contemporary dance stresses versatility and improvisation, unlike the strict, structured nature of ballet. It can be performed to many different styles of music. It emphasizes on freedom of movement, allowing their bodies to freely express their innermost feeling.

